



Western Access Center

Caring for People with Kidney Disorders

8410 Decatur Street, Suite 100, Westminster, CO 80031 ☎ (303) 426-4147 ☎ Fax (303) 487-5682 ☎ www.westneph.com

Pre procedure instructions for: _____

You are scheduled for a fistulogram on _____ at _____ am/pm. The procedure is typically 90 minutes long however it may run longer depending on what we find during the procedure.

The procedure consists of placing a small catheter in your access through which we will inject dye and take an x-ray picture of your access looking for narrowed areas, or other problems that may be interfering with your dialysis treatments.

Local anesthetic, Lidocaine, and IV sedation are often used during the procedure to help ease pain and anxiety. If you receive medication during your procedure you will need someone to drive you home after the procedure.

In preparation for your visit:

Please arrive 30 minutes before your procedure is scheduled.

If you're scheduled for your procedure in the morning, before 12 noon, please do not eat anything after **midnight** the night before. Clear liquids are permissible up to 1 hour before the procedure.

If your procedure is scheduled after 12 noon please do not eat anything **four** hours before your procedure. You may have clear liquids up to 1 hour before the procedure.

If you are taking Insulin continue to take your long acting Insulin but hold short acting Insulin.

If you are on Coumadin please notify the Access Center when you schedule your procedure for instructions on holding your Coumadin.

If you are allergic to contrast (dye) notify the Access Center when you schedule your procedure as you may need pre-procedure medications.

Please let the Access Center know if you have any other allergies to medications and what the nature of the reaction is.

Please continue to take all of your scheduled medications on the day of your procedure except for Insulin or Coumadin as stated above.